Vinter Træning fra Uge 43 - 2026

Version 4	Kunst	
Mandag		
19:00 - 19:30	Oldboys/veteran	Dame Senior
19:30 - 20:00		
20:00 - 20:30		
20:30 - 21:00	Herre Senior	
21:00 - 21:30		
21:30 - 22:00		
Tirsdag		
16:00 - 16:30	U11D	U11/12 P
16:30 - 17:00		
17:00 - 17:30		
17:30 - 18:00	U13+U14/15D	
18:00 - 18:30		
18:30 - 19:00		
Onsdag		
17:30 - 18:00		U12 D
18:00 - 18:30		
18:30 - 19:00		
19:00 - 19:30	Herre Senior	
19:30 - 20:00		
20:00 - 20:30		
Torsdag		
16:00 - 16:30		U8/9/10 D
16:30 - 17:00	U7D	
17:00 - 17:30		
Fredag		
-		
Lørdag		
12:00 - 12:30		
12:30 - 13:00		
13:00 - 13:30		
13:30 - 14:00		
14:00 - 14:30		
14:30 - 15:00		
15:00 - 15:30		
15:30 - 16:00		

	Hal 1 (Store Hal)	Hal 2 (Lille hal)
Fredag		
15:30 - 16:30	U6/7/8 P	
16:30 - 17:30	U8/9/10 D	
17:30 - 18:30	U13+U14/15D	
Lørdag		
08:00 - 09:00	Oldboys/veteran	
09:00 - 10:00	U9/10 + U11/12 P	
10:00 - 11:00	U12D	
11:00 - 12:00	U7 D	
Søndag		
19:00 - 20-00		
20:00 - 21:00	Herre/dame Semior	