

Vinter Træning fra Uge 43 2025 - 31-12-2025					
Version 5	Kunst			Hal 1 (Store Hal)	Hal 2 (Lille hal)
Mandag			Fredag		
19:00 - 19:30	U16 P	Dame Senior	16:00 - 17:00	U10 D	
19:30 - 20:00			17:00 - 18:00	U16 P	
20:00 - 20:30			18:00 - 19:00	U13/14 D	
20:30 - 21:00	Herre Senior	Oldboys/Veteraner	19:00 - 20:00		
21:00 - 21:30			Lørdag		
21:30 - 22:00			08:00 - 09:00	Oldboys/Veteran	
Tirsdag			09:00 - 10:00	U8-11 P	U8-11 P
16:00 - 16:30	U8 D		10:00 - 11:00	U11 D	
16:30 - 17:00			11:00 - 12:00	U12 D	
17:00 - 17:30			12:00 - 13:00		
17:30 - 18:00	U13/14 D	U8-11 P			
18:00 - 18:30					
18:30 - 19:00					
Onsdag					
16:00 - 16:30	U9 D	U10 D			
16:30 - 17:00					
17:00 - 17:30					
17:30 - 18:00	U11 D	U12 D			
18:00 - 18:30					
18:30 - 19:00					
Torsdag					
16:00 - 16:30	U8 D				
16:30 - 17:00					
17:00 - 17:30					