

| 2021/2022 Ver 5 | Bane 2.3A 3-mands | Bane 2.3B 3-mands | Bane K KUNST | Bane 2.8 8-mands | Bane 2.5A 5-mands | Bane 2.5B 5-mands | Bane 3.11 11-mands | Bane 3.8 8-mands | Bane 1 opvisning |
|--------------------|----------------------|----------------------|-----------------|------------------------------|----------------------|----------------------|-------------------------|---------------------------|---------------------|
| Mandag | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | |
| 16:30 - 17:00 | U7 Mix | | | | | | | | |
| 17:00 - 17:30 | | | | U8 / 9 D -18:15 | | U8/9 P | U15 D kun 8 mands | U11/ 12 D -18:15 | |
| 17:30 - 18:00 | | | | | | | | | |
| 18:00 - 18:30 | | | | | | | | | |
| 18:30 - 19:00 | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | |
| 19:30 - 20:00 | | | | | | | | Veteran | |
| 20:00 - 20:30 | | | | | | | | | |
| Tirsdag | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | |
| 17:00 - 17:30 | | | | | | | | | |
| 17:30 - 18:00 | | | | 17:15- U12/13 P -18:45 | U10 D | | | 17:15- U16 D -18:45 | |
| 18:00 - 18:30 | | | | | | | | | |
| 18:30 - 19:00 | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | |
| 19:30 - 20:00 | | | | | | | | Herre Senior | |
| 20:00 - 20:30 | | | | | | | | | |
| Onsdag | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | |
| 16:30 - 17:00 | U6 Mix | | | | | | | | |
| 17:00 - 17:30 | | | | U8 / 9 D -18:15 | | U10/11 P | | | 16:45 - Fam.bold |
| 17:30 - 18:00 | | | | | | | | U11/ 12 D -18:15 | |
| 18:00 - 18:30 | | | | | | | | | |
| 18:30 - 19:00 | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | |
| 19:30 - 20:00 | | | | | | | | Oldboys | |
| 20:00 - 20:30 | | | | | | | | | |
| Torsdag | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | |
| 17:00 - 17:30 | | | | | | U10 D | | | |
| 17:30 - 18:00 | | | | | | | | 17:15- U16 D -18:45 | |
| 18:00 - 18:30 | | | | | | | | | |
| 18:30 - 19:00 | | | | Dame Senior * | | | | | |
| 19:00 - 20:00 | | | | | | | | Herre Senior | |
| 20:00 - 20:30 | | | | | | | | | |
| Fredag | | | | | | | | | |
| 16:00 - 16:30 | | | | U12/13 P | | | | | |
| 16:30 - 17:00 | | | | | | | | | |
| 17:00 - 17:30 | | | | | | | | | |
| 17:30 - 18:00 | | | | | | | | | |
| 18:00 - 18:30 | | | | | | | | | |
| 18:30 - 19:00 | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | |
| Lørdag | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | |
| 17:00 - 17:30 | | | | | | | | | |
| 17:30 - 18:00 | | | | | | | | | |
| 18:00 - 18:30 | | | | | | | | | |
| 18:30 - 19:00 | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | |

* midt august til midt september 19:00 - 20:30 Midt September til midt Oktober 18:00 - 19:30